



## SafeRx CE Requirements and Approved Courses

### CMR INSTITUTE COURSES THAT SATISFY WASHINGTON, D.C. MANDATED CE REQUIREMENTS

The following courses and programs are approved to satisfy the continuing education requirements mandated by the SafeRx Act, legislation that requires licensing and continuing education for all pharmaceutical sales personnel who work in Washington, D.C. Visit <https://doh.dc.gov/service/saferx-pharmaceutical-detailers> for more information about this Act.

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### WHY CMR INSTITUTE?

Our deep-rooted history of providing unbranded, scientific-based education was critical in meeting the strict approval criteria of the D.C. Board of Pharmacy.

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### 2020 RENEWAL PERIOD

The next renewal period is **February 2020**. Applicants should submit all renewal documents at least 60 days prior to the deadline. Please note that pharmaceutical sales personnel cannot submit courses already submitted during previous renewal periods.

Please visit: <https://www.cmrinstitute.org/course-registration/> to register. Each 15 CEU course is \$375. The 2 CEU course is \$65.

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For more information about how CMR Institute's approved courses can help your sales team meet SafeRx CEU requirements, contact us today.

800.328.2615  
program@CMRinstitute.org  
www.CMRinstitute.org



## Approved Courses

15 CEUs

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### NAVIGATING THE SPECIALTY MARKET

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This course provides an introduction and overview of specialty products and how they differ from traditional products in the marketplace. It also covers the reimbursement and business of specialty drugs as it relates to the marketplace.

15 CEUs

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### ANATOMY AND PHYSIOLOGY OF THE ENDOCRINE SYSTEM

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This course provides an overview of the anatomy and physiology of the endocrine system. It acquaints you with the following endocrine structures: the hypothalamus, pituitary gland, thyroid gland, parathyroid glands, adrenal glands, pancreas, sex glands, thymus gland, pineal gland, and placenta.

15 CEUs

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### INTRODUCTION TO DIABETES

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This course examines the clinical features of diabetes. It provides an overview of normal glucose metabolism and then discusses the key metabolic effects of abnormal glucose metabolism. Furthermore, it differentiates between Type 1 and Type 2 including complications and treatment principles.

15 CEUs

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### OVERVIEW OF PAIN

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This course discusses the anatomy and physiology of pain, with an emphasis on how pain is detected, transmitted, and received within the body. The classification of pain by source, by duration, and by intensity is also discussed, as well as some of the tools used in the assessment of pain, and pain assessment in different groups of patients. A brief discussion on pain management guidelines is also included.



## Approved Courses

15 CEUs

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### **INTRODUCTION TO PHARMACOECONOMICS**

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This course examines concepts of value and quality in today's healthcare environment; the relationships among disease management, outcomes management, pharmacoeconomics, and quality-of-life surveys; and the benefits of pharmacoeconomic research. It concludes with a brief overview of the basic structure of a pharmacoeconomic study.

15 CEUs

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### **UNDERSTANDING DISEASE MANAGEMENT**

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This course discusses the key concepts involved in disease management and the benefits that disease management can offer to the healthcare community. It also describes the key elements of a disease management program including clinical practice guidelines and patient demographics.

15 CEUs

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### **BASIC PRINCIPLES OF DRUG ACTIONS AND INTERACTIONS**

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This course describes the basic principles of drug actions, including pharmacokinetics, factors that modify the drug response, adverse reactions, and drug interactions.

15 CEUs

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### **FUNDAMENTALS OF EVIDENCE-BASED MEDICINE AND RESEARCH**

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This course provides you with an introduction to evidence-based medicine. The course also describes the elements of pharmaceutical research and the drug development process.



## Approved Courses

15 CEUs

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### INTRODUCTION TO PATHOLOGY

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This pathology course introduces you to the cellular structures and mechanisms of the body, describes how the body defends itself, and outlines the major threats against the body.

15 CEUs

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### ANATOMY & PHYSIOLOGY OF THE CARDIOVASCULAR SYSTEM

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This course describes the components of the CV system and how they function to provide transportation and immunity for the body.

2 CEUs\*

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### PROVIDING AFFIRMING HEALTHCARE TO LGBTQ COMMUNITIES

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This course summarizes important LGBTQ terminology and concepts. The course also provides information describing the specific needs of these populations, and describes ways to provide optimal healthcare to the LGBTQ populations.

*\*Please note that the DC Board of Pharmacy has changed the requirements related to renewal CEUs. The SafeRx Act was revised to include 2 credits of mandatory continuing education on cultural competency or specialized clinical training focusing on patients or clients who identify as lesbian, gay, bisexual, transgender, gender nonconforming, queer, or question their sexual orientation or gender identity and expression ("LGBTQ").*